

## VCCL Results - parkrun 2019

Race 6

Saturday, 8 June, 2019

5km

parkrun

Place	Name	#	Time	Spot	H'cap	C/Adj	N/Time	Margin	km Rate
1	Glenn Sullivan	280	18:43	22	3:20	0:45	14:38	0:00	3:45
2	Luke Critchley	321	21:57	39	5:55	1:21	14:41	0:02	4:23
3	Brigitte Humphrey	275	18:19	23	3:30	0:00	14:49	0:10	3:40
4	Russell Johnson	30	22:17	44	6:40	0:39	14:58	0:19	4:27
5	Marcus Boxall	49	17:40	17	2:35	0:03	15:02	0:23	3:32
6	Natalie Densley	338	20:52	35	5:15	0:33	15:04	0:25	4:10
7	Les Williams	93	20:35	27	4:05	1:21	15:09	0:30	4:07
8	Shane Thiele	291	17:16	8	1:15	0:30	15:31	0:42	3:27
9	Mark Andrews	144	18:40	15	2:15	0:57	15:28	0:49	3:44
10	Julian Harris	213	19:11	21	3:10	0:24	15:37	0:58	3:50
11	Martine Beer	83	20:21	31	4:40	0:00	15:41	1:02	4:04
12	Irene James	60	25:06	61	9:10	0:00	15:56	1:17	5:01
13	Sean Quilty	26	18:37	15	2:15	0:00	16:22	1:43	3:43
14	Greg Foran	171	21:21	22	3:20	1:30	16:31	1:52	4:16
15	Matthew Sullivan	145	18:40	11	1:40	0:21	16:39	2:00	3:44
16	Fraser Murray	191	22:23	31	4:40	0:21	17:22	2:43	4:29
17	Sean Beer	137	22:43	35	5:15	0:00	17:28	2:49	4:33
18	Mark O'Brien	33	26:02	48	7:15	0:30	18:17	3:38	5:12
19	Wayne James	119	22:50	32	4:50	0:00	18:00	3:21	4:34
20	Heather Sullivan	41	31:40	52	7:50	0:21	23:29	8:50	6:20
21	Claire Thiele	86	34:09	50	7:30	0:30	26:09	11:30	6:50