

VCCL Results - parkrun 2023

Race 5

Saturday, 20 May, 2023

5km

parkrun

Place	Name	#	Time	Spot	H'cap	C/Adj	N/Time	Margin	km Rate
1	Mark Andrews	144	17:59	15	2:15	0:18	15:26	0:00	3:36
2	Fraser Murray	191	21:46	33	5:00	0:09	16:37	1:11	4:21
3	Brendan Norden	77	23:18	38	5:45	0:12	17:21	1:55	4:40
4	Russell Johnson	30	24:47	42	6:20	0:12	18:15	2:49	4:57
5	Irene James	60	28:19	65	9:45	0:12	18:22	2:56	5:40
6	Jacqui Antidormi	375	30:34	60	9:00	0:12	21:22	5:56	6:07